



**Legends Sports Academy Presents
Youth Spring Training
March 16 – April 3**

\$80 Per Week / Per Player (Training 5 days per week)

Contact Matt via Text 502.744.2221 or Call Legends @ 502.267.1881

Time: Groups will run from midafternoon through the evening

Players will be grouped based upon position and work will focus on improving their individual skills at those positions.

Daily BP

Live at Bats and Games with Hit Trax

Catching Drills

Bullpens with Rapsodo

Long Toss

Arm Care

Flat Grounds

PFP's

Infield Work

(Personal Lift Programs provided by Born Again Strength for Additional Cost**
Call / Text Stone Osborne @ 502.525.9343 for more info)**