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LEGENDS  
THROWING  
PROGRAM  
INSPIRED  
**BY**  
DRIVELINE

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EACH ATHLETE WILL HAVE AN INDIVIDUALIZED THROWING PROGRAM. PLAYERS RECEIVE INSTANT METRICS WITH RAPSODO, INCLUDING SPIN RATE, SPIN EFFICIENCY, AND TOTAL BREAK.

COST: \$1,200.00 (UP FRONT)

OR MONTHLY  
PAYMENT SCHEDULE  
AVAILABLE OF \$416.00  
NOV., DEC., JAN.

START DATE: NOVEMBER 5, 2018

WITHIN THIS PROGRAM THE ATHLETE WILL ALSO RECEIVE THE FOLLOWING:

**LIFTS**

PROFESSIONAL LIFTS SPECIFIC FOR OVERHAND THROWING ATHLETES.

**EVALUATION**

INITIAL AND CONTINUED EVALUATIONS BY OUR STRENGTH AND PROFESSIONAL INSTRUCTORS.

**FACILITY**

3800 SQ FT LOCATED INSIDE LEGENDS SPORTS ACADEMY, DESIGNED AND DESIGNATED SPECIFICALLY FOR LEGENDS THROWING PROGRAM ATHLETES.